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## *Discover*

M o a b R e s o r t A d v e n t u r e s

## ON THE COLORADO RIVER

*Multi-Sport options in sunny Southern Utah!*

### [The Griffith Extreme Adventure](#)

[6 days/ 5 nights](#)

~ OR ~

### [Raft and Resort Adventure](#)

[5 days/ 4 nights](#)

### **What is there to do?**

Moab, Utah offers some of the best variety of outdoor activities in the world. Choose from horseback riding in country made famous by John Wayne or mountain biking on legendary slickrock. Maybe you want to experience the exciting sport of canyoneering, or relax on a scenic Hummer tour of the Canyon country. Sheri Griffith Expeditions offers two packages as well as **customizable options**.

**If you're looking for a vacation that takes care of all the details, this is your trip. Stay at top class resorts and get the full "Moab Experience."**

The Moab Resort Adventures allow you to choose which adventures you want to do while in Southern Utah. Here are some of the activities you can choose from:

- **Canyoneering**
- **Horseback riding**
- **Guided Hikes**
- **Whitewater Rafting**
- **Scenic Flights**
- **Mountain Biking**
- **Hummer/ATV tours**



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## The Moab Resort Experience

### Griffith Extreme

The **6 day/ 5 night Griffith Extreme Adventure** is an active vacation with a combination of thrills and chills! From biking legendary slickrock terrain to jaw-dropping rappelling and rafting roaring whitewater rapids, this trip is not for the faint of heart. Activities include an **evening hummer tour**, **canyoneering** from arches, **mountain biking** famous trails, **taking a jet boat ride** down the Colorado River, **rafting the class V whitewater** of Cataract Canyon and a **scenic flight** over Canyonlands National Park! We also include a stay at the awesome Gonzo Inn before and after your trip.

### Raft and Resort

On our **5 day/ 4 night Raft and Resort Adventure** you spend one night at the luxurious [Gonzo Inn](#) located in downtown Moab and two nights at the [Red Cliffs Lodge](#) alongside the mighty Colorado River. Activities include an **evening hummer tour**, a **mountain biking** adventure, **rafting** in the wild Westwater Canyon, and a **horseback trail ride** through picturesque Castle Creek Canyon.

### Activities

**Guided Hike** Unwind while viewing the magnificent Canyon landscape and exploring secret amphitheatres, arches, and Indian ruins.

**Canyoneering** The most spectacular aspects of the desert are hidden within its vast canyon networks. Canyoneering adventures offer you not only the rare chance to be inside these remarkable creations, but also the adventure of rappelling.

**Mountain Bike Ride** Moab offers some of the very best mountain biking in the world. The trails are half day rides with moderate climbs and varied terrain. Each ride offers bikers a good introduction to Moab's famous slickrock terrain.

**Hummer Tour** Moab's slickrock trails are a great place to see what Hummers can really do. This is easy fun for the whole family. This adventure features visits to secluded canyons, ancient rock art and breathtaking vistas!

**Horseback Ride** The day after you return from the river, you will join a carefree guided **horseback trail ride**. The trail winds up Castle Creek Canyon to a perfect viewing area of Castle Valley and the renowned Castle Rock. You may recognize this area from many John Wayne western movies.

**Scenic Flight** By airplane you soar over the Colorado River past Island in the Sky, Dead Horse Point and The Maze, (hideout of famous outlaws Butch Cassidy and the Sundance Kid).



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## The Weather

You can expect warm, sunny, delightful days in Southeastern Utah. In April through June, high temperatures range between 70° and 90°. July and August high temperatures typically range between 90° and 100°, with September and October temperatures ranging between 70° and 80°. The climate here is very dry with little humidity and not oppressively sweltering. Summer evenings are quite comfortable though spring and fall evenings can be cool. Other than an occasional rain cloud, there are few overcast days.

## Geology

In Cataract Canyon there are numerous secluded geological sites along the river. You can see nearly 300 million years of rock history in a single glance. Throughout time the river has sliced through this rock and left it exposed for all to see. These multi-colored layers of rock sparkle in the warm Utah sun, creating spectacular sunsets and photos.

Westwater Canyon attracts geologists from around the world. Massive faults distributed tons of rock, leaving fascinating formations seen few other places. The black, uplifted rocks in the Black Granite Gorge (metamorphic granite gneiss) represent the oldest exposed formations in eastern Utah (1.75 billion years) and the river has polished it into odd smooth shapes.

## Motion Pictures

Many production companies used Moab to shoot rafting footage for movies, documentaries and commercials. John Wayne filmed many movies here, and other movies such as “Indiana Jones”, “Thelma and Louise”, “The Adventures of Joe Dirt”, “Independence Day” and many others including several Car Commercials were filmed in the area.

## Wildlife

These canyons host an extraordinary diversity of plants and animals that live in many climatic environments. Wildlife is abundant in this region, though often shy. One of the West’s largest herds of Desert Big Horn Sheep resides in the canyon. During the heat of the day lizards sun themselves while eagles, vultures, ravens, and hawks soar on thermal airstreams along the canyon walls. In the morning and evening, deer, muskrat, beaver, coyote and great blue heron move along the river's edge.

## Water Levels

Depending on snow pack and time of year, Colorado River water levels can vary dramatically, creating diverse rafting conditions. Some rapids are more challenging at high water, while others require greater skill at low water. Different flows have their appeal, and we provide specific watercraft that will make the most of each water level.



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## The Sheri Griffith Expeditions Difference

*“Adventure with a Touch of Class”*

### **DISCOVER:**

**The Quality** that is offered only on a Sheri Griffith Expeditions trip. From the first call to last meal the SGE team is the friendliest, most competent and fun group of professional travel associates in the business.

### **EXPERIENCE:**

**The Service and Safety** that comes from 38 years of showing guests the wonders of whitewater rafting. Through extensive training and workshops, our company’s knowledge is passed on to our team. You will see the quality of this training in our equipment, food and staff on every trip.

### **RELAX:**

**In the Comfort** of our cozy chairs, sit-down dining and fabulous meals. Your Vacation is our priority: whether you are a novice camper or a great outdoorsman, our goal is to help each guest enjoy their river vacation.

### **What does "A Touch of Class" mean?"**

It means we provide more amenities and service than any other outfitter. Our goal is to help you feel comfortable in the outdoors. We provide enough civilization for anyone to be comfortable on our river rafting trips. **Great meals, cozy sleeping bags, comfortable chairs and professional service-oriented guides** create a relaxing and comfortable camp setting, complimenting the relaxed pace of the day's river rafting activities.

### **GROUP SIZE**

Sheri Griffith Expeditions believes in protecting the environment and enhancing your vacation. This is why we rarely host trips larger than 25 people. Most of our trips are 10-15 people in size. On our multi-day expeditions there will never be more than 5 guests on each oarboat. With small groups you will get the attention you deserve and the chance to get to know all of the guides and other guests.



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## Our Guest Services Staff

All of us at Sheri Griffith Expeditions know what a deeply rewarding experience a river trip can be. Our Guest Services staff is widely recognized as the most helpful and accommodating in our industry. You can rely on us to facilitate a successful trip. Call us with any questions, requests, or for assistance ~ we are happy to help.

### What Sheri Griffith Expeditions Provides

- Motel accommodations at the Gonzo Inn and the Red Cliffs Lodge
- Several meals while in town
- Trip orientation
- Rafting, hiking & camping at the highest level
- All rafting and safety equipment including lifejackets and dry bags
- All camping gear: tent, sleeping bag and pad
- Professionally trained and licensed Guides
- Portable toilet and necessities
- All meals starting lunch day 1 through lunch the last day
- Shuttle to and from the launch site
- Iced water, Gatorade and lemonade on every boat
- Soda, Coffee, Tea and Hot Chocolate while in camp
- Full days on the river
- The best customer service from your first phone call to the actual river vacation experience

## Our Guides

Our guides are professional, exceptional people with outstanding talents who are eager to share their knowledge, experience and enjoyment of life in the outdoors. They continually strive to perfect their understanding of our wilderness and its secrets. This is their way of life, and it is their passion to share this adventurous way of life with you.

Our guides' objective is to help you have fun. However, you can rest assured that your safety is their top priority. You will observe this in their behavior as well as their expectations of you. They are Red Cross First Aid and CPR certified, and have completed river rescue training. They are required to complete hours of training on each river stretch before they can "guide" our guests. If you are like most people, you will marvel at the quality of their work, while feeling as if you have just made a new friend.

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*"There is one aspect of Sheri Griffith Expeditions that is constantly amazing. The quality of the river guides is ALWAYS extraordinary"*

**-Scott Harvey**

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## Orientation

We hold a pre-trip orientation at 5:00 pm the evening before the river trip launches. Here you will meet one of your guides, sign your release forms, receive your dry bags (river luggage), learn what to expect and how to prepare, and ask any questions you have. The orientation is held at our office in Moab, Utah, at 2231 South Highway 191 (the big blue building).

## Environmental

### Awareness

We demonstrate that businesses can be socially and environmentally compatible. Environmental responsibility is an ethic that everyone in the company practices. We recycle and reuse all we can. We are politically involved in, and contribute to, conservation causes and issues. We incorporate earth awareness in our river trips: "take only pictures and leave only footprints."

## Food and Diet Restrictions

We provide and prepare fresh all of the meals while on the river. Our guides are great cooks and take great pride in their meals. They do all of the work of preparing high quality, healthy meals made with fresh ingredients. There are a variety of fruits and vegetables, and meat and non-meat choices. The evening meals are grilled and baked to perfection. We can accommodate a variety of diets and will assist with dietary restrictions as well. We have the ability to accommodate almost any meal restrictions as long as we know before the trip is packed.

All meats are from a local butcher in Moab, and almost all our vegetables are either locally garden grown or purchased from the local farmer's market.

**“Our mission is to enhance and enrich people’s lives through outstanding outdoor adventures.”**

Most of us earn a few valuable days each year that we use to enhance the quality of our lives. We have created rafting vacations to enhance yours, and are grateful for the opportunity to share them.

## **Elevate Your Life!**

**Call (800) 332-2439 or email [Info@griffithexp.com](mailto:Info@griffithexp.com)**

For more information on our **Moab Resort Adventures** visit

<http://www.griffithexp.com/trips/moab-resort.htm>

[www.griffithexp.com/trips/griffith-extreme-rafting.htm](http://www.griffithexp.com/trips/griffith-extreme-rafting.htm)

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